

Rethink Mental Illness.

Being carer friendly starts with *understanding.*

Carer-friendly communities help carers feel able to take part in everyday life and feel included, not overlooked.

This Carers Week, let's build carer-friendly communities together.

rethink.org

Rethink Mental Illness, a company limited by guarantee. Registered in England Number 1227970. Registered Charity Number 271028. Registered Office 28 Albert Embankment, London, SE1 7GR. Authorised and regulated by the Financial Conduct Authority (Firm Registration Number 624502). © Rethink Mental Illness.

In support of

